

Article

# MnO<sub>2</sub>-Coated Dual Core–Shell Spindle-Like Nanorods for Improved Capacity Retention of Lithium–Sulfur Batteries

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**Abstract:** The emerging need for high-performance lithium–sulfur batteries has motivated many researchers to investigate different designs. However, the polysulfide shuttle effect, which is the result of dissolution of many intermediate polysulfides in electrolyte, has still remained unsolved. In this study, we have designed a sulfur-filled dual core–shell spindle-like nanorod structure coated with manganese oxide (S@HCNR@MnO<sub>2</sub>) to achieve a high-performance cathode for lithium–sulfur batteries. The cathode showed an initial discharge capacity of 1661 mA h g<sup>−1</sup> with 80% retention of capacity over 70 cycles at a 0.2C rate. Furthermore, compared with the nanorods without any coating (S@HCNR), the MnO<sub>2</sub>-coated material displayed superior rate capability, cycling stability, and Coulombic efficiency. The synergistic effects of the nitrogen-doped hollow carbon host and the MnO<sub>2</sub> second shell are responsible for the improved electrochemical performance of this nanostructure.

**Keywords:** Lithium–sulfur batteries; manganese oxide; MnO<sub>2</sub> shell; sulfur; polysulfide shuttle; scalable synthesis; dual core–shell structure

## 1. Introduction

The depletion of fossil fuels and environmental issues arising from CO<sub>2</sub> emissions will force humankind to find alternative, clean means to satisfy its energy needs [1]. Rechargeable batteries are a vital component of the solution and research in this field has been increasing throughout the world [2,3]. Rechargeable Li-ion batteries have dominated portable electronic devices and hybrid electric vehicles (HEVs) since first being introduced in 1991. However, their high cost and low energy density have inhibited the mass-scale production of electric vehicles (EVs). The main reason for not shifting from HEVs to EVs on the roads is that state-of-the-art technology cannot satisfy the requirements of long-mileage driving, because of its energy density limitation barriers [4].

Lithium–sulfur (Li-S) batteries are among the most promising electrochemical energy storage devices of the near future [5]. The low cost and natural abundance of sulfur as well as its high theoretical specific capacity (1675 mA h g<sup>−1</sup>) makes it an attractive cathode material [6]. In addition, sulfur has a high energy density (2600 W h kg<sup>−1</sup>) and is environmentally friendly for energy storage applications. However, the commercialization of Li-S batteries is hindered, primarily due to the insulating nature of sulfur (5 × 10<sup>−30</sup> S cm<sup>−1</sup>) and volume expansion of the active material (sulfur) during discharge due to

the polysulfide shuttle (PSS) effect. The PSS leads to loss of active material from the cathode and causes irreversible reactions between the PSS intermediates and the lithium metal anode, which results in low coulombic efficiency and short cycle life [7–9]. Upon discharge, the sulfur is reduced to high-order PSS intermediates  $\text{Li}_2\text{S}_n$  ( $3 \leq n \leq 8$ ) with an approximately 80% volume expansion that promotes the loss of active material [10,11]. The large volumetric expansion occurring due to the density difference between sulfur ( $2.03 \text{ g cm}^{-3}$ ) and  $\text{Li}_2\text{S}$  ( $1.66 \text{ g cm}^{-3}$ ) pulverizes the active material and accelerates rapid decay [6,12,13]. Furthermore, volume expansion can lead to mechanical cracking and deposition of the active material outside the electrode, which also results in loss of capacity [11,14].

To overcome the limitations of the insulating nature of sulfur, an effective approach has been focused on using carbon-based materials as the sulfur host (e.g., porous carbon [15–18], carbon nanotubes [19–22], graphene–graphene oxides [23–27]), since they address many of the challenges associated with Li-S technology. Carbon-based host materials have garnered the most interest since carbon provides higher conductivity and a physical barrier towards PSS, and accommodates the volume change that occurs during expansion, hence enhancing the utilization of the sulfur [16,28]. However, significant migration of the lithium polysulfides (LiPSs) is observed with carbon-based hosts due to the weak interaction between the polar LiPSs and the nonpolar carbon, resulting in capacity decay upon long-term cycling [29]. Recent literature has shown that polar materials such as sulfides, hydroxides, metal oxides and polymers can be employed as host materials in order to trap LiPSs as well as significantly improve long-term cycling stability by offering higher efficiency of LiPS chemisorption [30–33]. However, these materials generally have low electrical conductivity, which can potentially lead to low coulombic efficiency [34,35]. Therefore, it is essential to design a host structure that combines polar materials with carbon, which potentially may offer good conductivity and suppress the migration of LiPSs [36–38]. Manganese oxide has attracted significant attention because of its easy preparation and high efficiency in trapping polysulfides [39–43]. For instance, Nazar and coworkers demonstrated how  $\text{MnO}_2$  is considered to be a remarkable chemical inhibitor of LiPSs by mediating polysulfides through the conversion of thiosulfate to polythionate species [44,45].

In response to the abovementioned issues associated with Li-S batteries, we prepared  $\text{MnO}_2$ -coated dual core–shell spindle-like nanorods, denoted as  $\text{S@HCNR@MnO}_2$ . The conductive nitrogen-doped carbon shell enhances the electrical conductivity of the cathode, while the outer polar  $\text{MnO}_2$  layer is known to suppress the LiPSs. The double coating layers help to physically and chemically constrain the LiPSs. Furthermore, the volumetric expansion of sulfur upon lithiation is contained inside the nanorods. This novel design leads to a higher capacity and rate retention compared to pristine sulfur cathodes. To our knowledge, no other research group have tried to prepare such composite nanorods for this purpose.

## 2. Materials and Methods

### 2.1. Materials

Iron(III) chloride hexahydrate (97%), tris(hydroxymethyl) aminoethane hydrochloride (99+%), dopamine hydrochloride (99%), ethanol, polyvinylpyrrolidone (PVP, M.W. 40,000), and sublimed sulfur (~100 mesh, 99.5%) were purchased from Alfa Aesar®; urea (99%), hydrochloric acid (HCl, 37%), and potassium permanganate ( $\text{KMnO}_4$ , 99+%) were purchased from Sigma-Aldrich®. All the reagents were used without further purification.

### 2.2. Preparation of Nitrogen-Doped Hollow Porous Carbon Nanorods (N-HCNRs)

In a typical synthesis process [46],  $\beta\text{-FeOOH}$  nanorods were synthesized by using 2.25 g of  $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$  and 2.4 g of urea dissolved in 50 mL deionized (DI) water. The solution was refluxed at 90–95 °C for 8 h and further centrifuged and washed with deionized water multiple times to ensure removal of chloride ions from the surface of the product. The product was dried at 60 °C overnight. 0.63 g of  $\beta\text{-FeOOH}$  was mixed with 0.42 g of dopamine in Tris-buffer (700 mL, 10 mM; pH 8.5) and

stirred at 50 °C for 24 h. The resultant product was collected by centrifuge and washed with DI water and ethanol, followed by drying at 60 °C overnight. Calcination was carried out in a tubular furnace under Ar flow at 400 °C for 2 h with a heating rate of 1 °C min<sup>-1</sup>, followed by further treatment at 500 °C for 2 h with a heating rate of 5 °C min<sup>-1</sup>. The obtained powder was labeled as Fe<sub>3</sub>O<sub>4</sub>@N-C nanorods. The Fe<sub>3</sub>O<sub>4</sub> core was etched with 2 M HCl aqueous solution and the precipitated layer was separated by centrifuge followed by washing with DI water until the pH of solution was stabilized at about 7. The final product (N-HCNR) was collected and dried in a vacuum oven at 60 °C overnight.

### 2.3. Preparation of S@HCNR

The sulfur/carbon composite was prepared by the melt-diffusion method. Elemental sulfur was ground with N-HCNR at a weight ratio of 7:3 and transferred into a Teflon<sup>®</sup>-lined autoclave and sealed under Ar gas. The autoclave was heated at 155 °C for 12 h to obtain S@HCNR.

### 2.4. Preparation of S@HCNR@MnO<sub>2</sub>

The as-synthesized S@HCNR was dispersed in aqueous solution containing 40 mg of PVP for 2 h by ultrasonication, and then the mixture was stirred at room temperature for 1 h. Then, 48 mg of KMnO<sub>4</sub> was added to the solution, and the mixture was sonicated and the solid product was air-dried at 60 °C overnight (S@HCNR@MnO<sub>2</sub>).

### 2.5. Characterization

Information about the surface morphology and elemental composition of the samples was confirmed by Phenom<sup>™</sup> ProX scanning electron microscope (SEM). The nitrogen adsorption tests were carried out by a two-channel Quantachrome<sup>®</sup> Nova 2200e. All samples were degassed at 200 °C for 12 h under vacuum prior to testing. The amount of sulfur content in each specimen was determined by heating about 4 g of the material to 400 °C for 1 h at a heating rate of 10 °C min<sup>-1</sup> under the nitrogen atmosphere. The remaining sample was collected carefully and weighed with a 4-digit balance to determine the weight change.

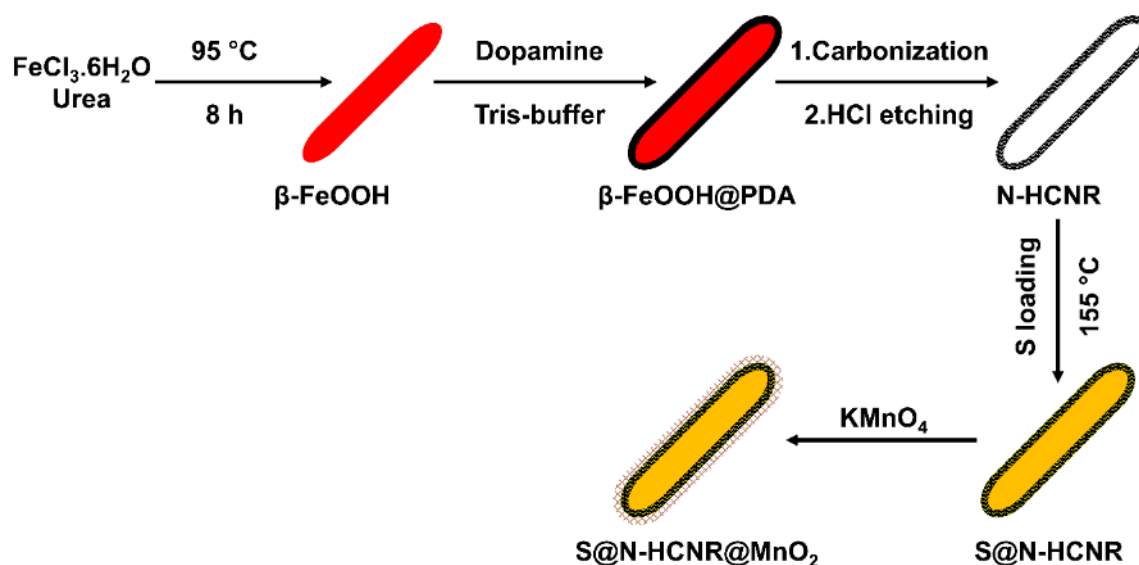
### 2.6. Electrochemical Measurements

The composite cathode cells of S@HCNR and S@HCNR@MnO<sub>2</sub> were fabricated by using 80 wt.% of active material, 10 wt.% Super P carbon black, and 10 wt.% of polyvinylidene fluoride (PVDF) with an appropriate amount of N-methyl pyrrolidone (NMP) to reach a viscous slurry. The slurry was casted onto a carbon-coated Al foil current collector and dried at 60 °C overnight. The loading of active material was maintained as ~1 mg cm<sup>-2</sup>. We expect that the active material volume percentage of about 50% and the remaining 50% volume of the electrode is occupied by porosity, binder, conductive diluents, etc. Considering the percentage of the sulfur and C/MnO<sub>2</sub> in the active material, we can expect 40 vol.% of sulfur and 10 vol.% C/MnO<sub>2</sub> in the electrode. The porosity volume percentage is also estimated at about 30%. The electrochemical performances of the sulfur cathodes were tested using CR2032-type coin cells with Li metal as both reference and counter electrodes. Celgard<sup>®</sup> porous membrane was used as the separator. The electrolyte solution was composed of 1.0 M lithium bis(trifluoromethanesulfonyl)imide (LiTFSI) in 1,2-dimethoxyethane (DME) and 1,3-dioxolane (DOL) (*v/v* = 1:1), with 2 wt.% of LiNO<sub>3</sub>. A quantity of 27 μL of the electrolyte was added to each cell. The cells were assembled inside an Ar-filled glove box, where both water and oxygen levels were below 1 ppm. Galvanostatic charge–discharge testing was carried out with Neware<sup>®</sup> battery testers within a potential range of 1.7–2.8 V vs. Li<sup>+</sup>/Li. The reported capacities were normalized based on the sulfur content of the samples.

## 3. Results and Discussions

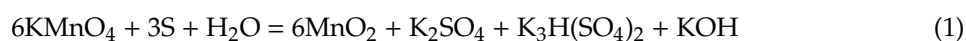
Figure 1 shows a schematic illustration of the several steps involved in the synthesis of the S@HCNR@MnO<sub>2</sub> nanorods. The first step was involved with the preparation of the well-defined

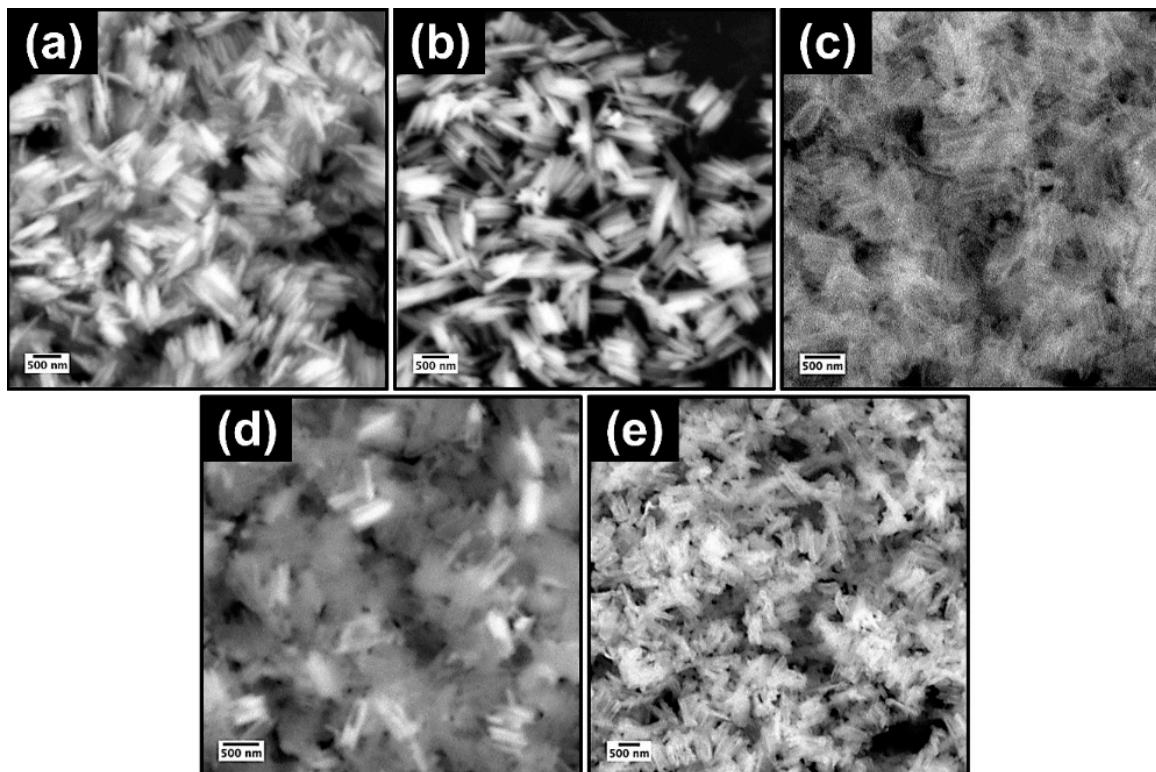
$\beta$ -FeOOH nanorods by hydrothermal method, which acted as a hard template. Then, a dopamine layer was formed around the nanorods through a polymerization reaction at 50 °C, followed by subsequent carbonization to generate a nitrogen-doped carbon shell on the surface of the iron oxide core ( $\text{Fe}_3\text{O}_4@N-C$ ). Polydopamine (PDA) was selected as the polymeric carbon precursor because of the presence of many amine groups in its structure. This high percentage of nitrogen leaves a nitrogen-doped carbon layer, which substantially improves the electrical conductivity of the coated material [47–49]. The hard template was etched with 2 M HCl aqueous solution and the remaining N-HCNR was introduced to molten sulfur ( $S@HCNR$ ). In the final step, a thin uniform layer of  $\text{MnO}_2$  was formed around the nanorods ( $S@HCNR@MnO_2$ ).



**Figure 1.** Schematic illustration of the synthesis steps of  $S@HCNR@MnO_2$  nanorods.

Figures 2 and 3 contain the SEM micrographs and EDXA elemental spectra of the nanorods at different stages of synthesis. The hydrolysis of  $\text{FeCl}_3$  in the presence of urea at 90 °C resulted in the formation of spindle-like  $\beta$ -FeOOH nanorods with uniform size distribution (Figure 2a). After polymerization of dopamine and further carbonization,  $\beta$ -FeOOH oxidized to  $\text{Fe}_3\text{O}_4$  core with a nitrogen-doped carbon shell,  $\text{Fe}_3\text{O}_4@N-C$ . The strong binding affinity of polydopamine to the iron oxide core provoked the evolution of a uniform carbon layer, derived from polydopamine, after heat treatment at 500 °C (Figure 2b) [50]. Next, the  $\text{Fe}_3\text{O}_4$  template was completely dissolved by HCl aqueous solution and hollow nitrogen-doped carbon nanorods (N-HCNRs) remained (Figures 2c and 3a). Both ends of the carbon nanorods were slightly smaller than the middle core. The N-HCNRs maintained the spindle morphology, with lengths of 1–1.5  $\mu\text{m}$  and diameters ranging from 150 to 200 nm. This unique structure makes them excellent hosts for sulfur. The sublimed sulfur was melted at 155 °C and diffused into the host inside the autoclave to obtain  $S@HCNR$ s (Figure 2d). This is confirmed by the presence of strong elemental sulfur peaks in the EDX spectrum (Figure 3b). It is important to note that the EDX spectra for each specimen were collected at different spots in order to generate more reliable data. Figure 3c clearly indicates the presence of Mn in the final structure,  $S@NHCNR@MnO_2$ . In the final step, the  $\delta$ - $\text{MnO}_2$  was formed on the surface of  $S@HCNR$  with the aid of the reduction of  $\text{KMnO}_4$  in the presence of both sulfur and carbon (Equations (1) and (2)). The  $\text{MnO}_2$  layer wrapped the sulfur-filled nanorods conformally without causing any change in their size or morphology (Figure 2e). The elemental manganese peaks originated from the  $\text{MnO}_2$  shell (Figure 3c).

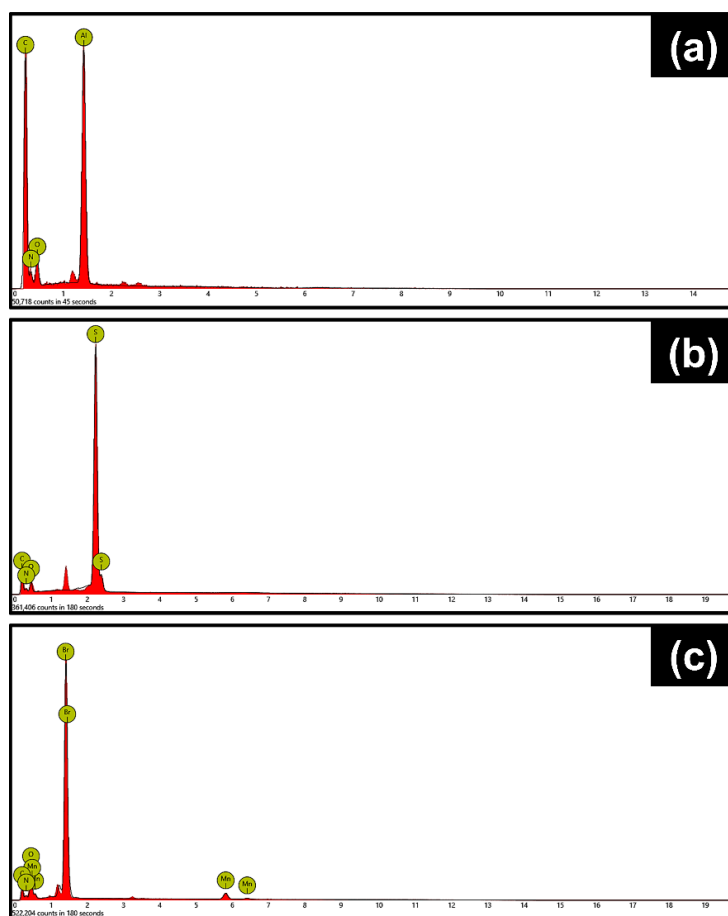




**Figure 2.** SEM images of (a)  $\beta$ -FeOOH, (b)  $\text{Fe}_3\text{O}_4$ @N-C, (c) N-HCNR, (d) S@HCNR, and (e) S@HCNR@MnO<sub>2</sub>.

The porous structure of N-HCNR was evaluated by the nitrogen adsorption–desorption technique. Both adsorption and desorption isotherms are plotted in Figure 4. These isotherms were identified as type IV isotherms with type III hysteresis. We consider this is the most important structure for BET analysis, because the information (surface area, pore diameter and pore volume) we get is directly related to sulfur loading. The calculated Brunauer–Emmett–Teller (BET) surface area at 77 K was  $509 \text{ m}^2 \text{ g}^{-1}$ , while a pore volume and pore diameter of  $0.251 \text{ cm}^3 \text{ g}^{-1}$  and 3 nm were computed by Barrett–Joyner–Halenda (BJH) analysis, respectively. The relatively high surface area and pore volume of the N-HCNR makes it a strong host candidate for sulfur loading. We did not perform BET analysis of the follow-up structures, S@N-HCNR and S@N-HCNR@MnO<sub>2</sub>, because the results will not be informative, as all voids will be filled up with sulfur after the loading of sulfur/MnO<sub>2</sub> coating.





**Figure 3.** Energy-dispersive X-ray (EDX) spectra of (a) N-HCNR, (b) S@HCNR, and (c) HCNR@MnO<sub>2</sub>.

The electrochemical performance of the both S@HCNR and S@HCNR@MnO<sub>2</sub> nanorods were investigated in half-cell with Li chip as both counter and reference electrode. The reported capacities were normalized based on the sulfur content of each sample. S@HCNR was comprised of about 70 wt.% of sulfur, while S@HCNR@MnO<sub>2</sub> nanorods contained 60 wt.% of sulfur and 10 wt.% of MnO<sub>2</sub>. The charge–discharge behavior of the electrode material was evaluated at a 0.2C rate (1C = 1675 mA h g<sup>-1</sup>) in the voltage window of 1.7–2.8 V vs. Li<sup>+</sup>/Li (Figure 5a). The S@HCNR@MnO<sub>2</sub> nanorods delivered an excellent initial discharge capacity of 1661 mA h g<sup>-1</sup>, while, after 70 cycles, the capacity decayed to 1342 mA h g<sup>-1</sup> with a Coulombic efficiency of 99%. This translates to an ~80% capacity retention. After the first cycle, the discharge capacity decreased to 1500 mA h g<sup>-1</sup> and then the cell stabilized with a slow decay rate. Typical galvanostatic discharge–charge profiles of S@HCNR@MnO<sub>2</sub> electrodes for different cycles at 0.2C are shown in Figure 5b. It is worth noting that, during the first charge, the voltage reached 2.3 V and then dropped to 2.2 V. This hump is due to the MnO<sub>2</sub> coating layer, which leads to the increase in the charge resistance [45,51]. The height of this hump decreased in the successive cycles. Furthermore, no plateau related to the reaction of lithium with MnO<sub>2</sub> shell was detected in the voltage window of 1.7–2.8 V [52,53]. Consecutive cycling performance of the S@HCNR and S@HCNR@MnO<sub>2</sub> nanorods with gradual increase in current densities for every 10 cycles are shown in Figure 5c. The rate was increased from 0.2C to 2C, followed by a recovery at 0.2C. The S@HCNR@MnO<sub>2</sub> electrode delivered initial specific capacity of 1641 mA h g<sup>-1</sup> at 0.2C without any noticeable overpotential, which is ~98% of the theoretical specific capacity of sulfur. As the C-rate increased to 0.5C, 1C and 2C, the specific discharge capacity was gradually reduced to 1300 mA h g<sup>-1</sup>, 400 mA h g<sup>-1</sup> and 320 mA h g<sup>-1</sup>, respectively. When the current rate was switched back to 0.2C, the discharge capacity was recovered to ~1350 mA h g<sup>-1</sup>, which is close to the delivered capacity

recorded at 0.2C in the first cycle. In comparison, the discharge capacity of the S@HCNR nanorods decreased more significantly with the increase in charging/discharging rates; the specific capacity at initial cycle at 0.2C was  $1300 \text{ mA h g}^{-1}$ , but it declined to  $220 \text{ mA h g}^{-1}$  at 2C. This demonstrates the excellent rate capability of S@HCNR@MnO<sub>2</sub>. To further understand the kinetics of the redox reactions, the voltage profiles of S@HCNR@MnO<sub>2</sub> cathodes between 1.7 and 2.8 V (vs. Li<sup>+</sup>/Li) at different current rates are presented in Figure 5d. Two voltage plateaus at 2.3 and 2.0 V are associated with the formation of long- and short-chain LiPSs, respectively [54]. No peaks or shoulders related to the intercalation of Li<sup>+</sup> ion to MnO<sub>2</sub> were observed. The good electrochemical properties of the S@HCNR@MnO<sub>2</sub> hybrid cathode are related to the engineered design of the spindle-like nanorods. The inner carbon layer is in close contact with the sulfur and helps to improve the electrical conductivity. The outer MnO<sub>2</sub> layer serves as the protective layer against the polysulfide shuttling effect and partially increases the overall conductivity of the nanorod structure. Although the electrochemical performance of the nanorods is good, the capacity drop from 0.5C to 1C was very serious. In fact, the capacity drop at higher rates is a common problem in Li-S battery technology. Several other groups have also pointed out this big capacity drop at high-rate charge/discharge [41,43,53]. It is mainly related to the slow lithiation/delithiation reaction kinetics and poor Li<sup>+</sup> ion diffusion through the cathode active materials at higher rates. The huge volume change of sulfur during the initial cycles can cause some cracks in the carbon host structure, which in successive cycles can promote the leakage of LiPSs. Additionally, the presence of some un-infiltrated sulfur on the surface of the S@HCNR@MnO<sub>2</sub> electrode can have negative effects on the electrode performance, since these free sulfur particles can undergo redox reactions in a different way than that of the encapsulated ones. Even with the huge capacity decay at higher current densities, the S@HCNR@MnO<sub>2</sub> electrode showed superior discharge capacities compared to the S@HCNR electrode. Finally, the delivered discharge capacity and rate performance of the S@HCNR@MnO<sub>2</sub> was superior to MnO<sub>2</sub>-coated sulfur-filled hollow carbon nanospheres (S@HCN@MnO<sub>2</sub>) [55]. This is due to better utilization of sulfur during the charge/discharge process in the hollow nanorod structure compared to the hollow nanospheres. Moreover, the physical and chemical confinement of sulfur/LiPSs can be better achieved in the hollow nanorod design. Furthermore, the sulfur is in better contact with the carbon layer in nanorods, which simply translates to higher sulfur utilization [39,40,43,52,54].

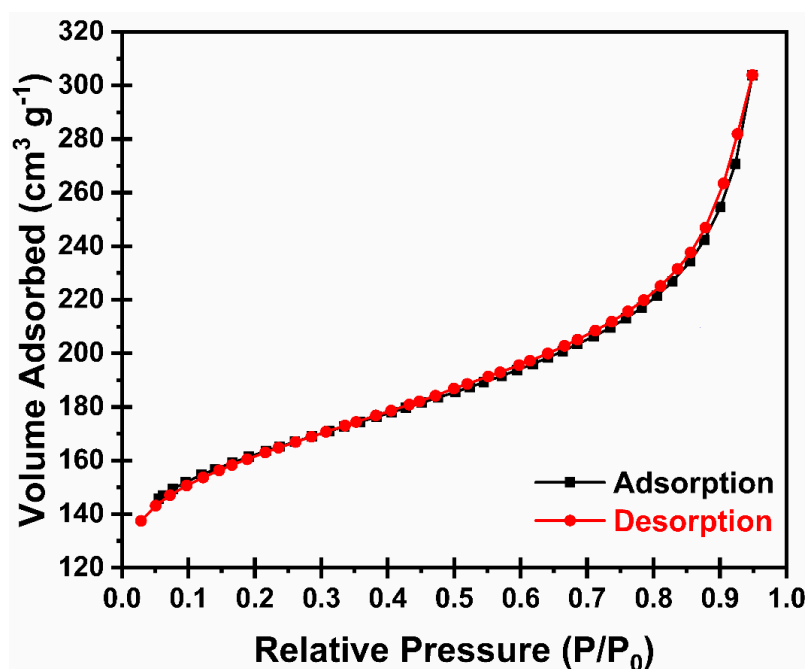
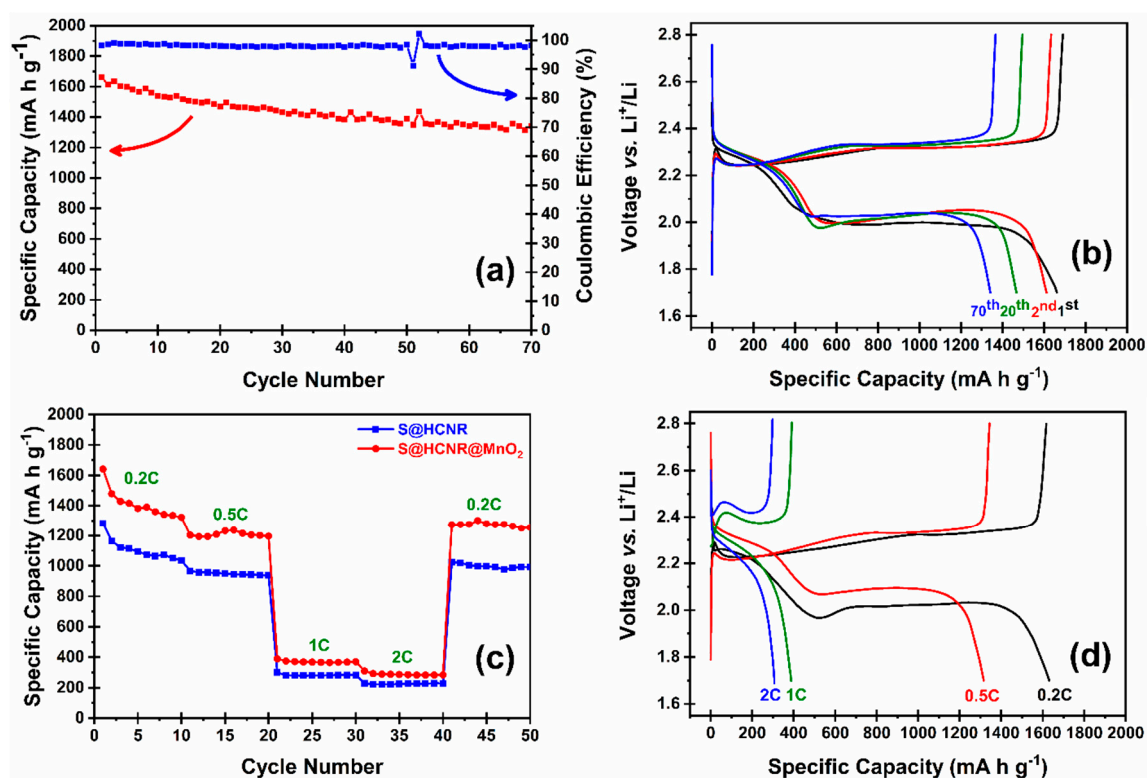


Figure 4. Nitrogen adsorption–desorption isotherms for HCNR.



**Figure 5.** (a) Cycling performance and Coulombic efficiency of S@HCNR@MnO<sub>2</sub> electrode at a current rate of 0.2C, (b) voltage profiles of the S@HCS@MnO<sub>2</sub> composite electrode at 0.2C, (c) comparison between rate performances of S@HCNR@MnO<sub>2</sub> and S@HCNR nanorods at different charge/discharge rates, and (d) first charge–discharge profiles of the S@HCS@MnO<sub>2</sub> cathode at different C-rates.

#### 4. Conclusions

In summary, we have synthesized dual core–shell-structured S@HCNR@MnO<sub>2</sub> spindle-like nanorods as a promising cathode material for lithium–sulfur batteries. The nitrogen-doped hollow carbon nanorods with a diameter of less than 200 nm and length of 1–2 μm act as a host for the sulfur material. The cathode delivered an excellent initial discharge capacity of 1661 mA h g<sup>−1</sup> and capacity retention of above 80% after 70 cycles at a 0.2C rate. The enhanced performance of S@HCNR@MnO<sub>2</sub> is attributed to several factors. First, N-doped hollow carbon nanorods not only enhance the electrical conductivity of the cathode, but also facilitate chemical binding with polysulfide intermediate products. Second, the hollow structure can accommodate volumetric expansion of sulfur upon lithiation and possesses physical encapsulation of polysulfide in the cathode structure design. Third, the formation of one-dimensional (1D) structure (linear electron conduction path) facilitates fast ion and electron transport. Finally, the polar MnO<sub>2</sub> shell, with the ability to form strong chemical bonding with polysulfides, minimizes polysulfide shuttle effect in the cell. Although the results obtained in this study were promising, further optimizations are required to achieve a robust sulfur nanocomposite with better rate capability and higher delivered capacities. The carbon framework can be prepared from other carbon sources such as polyacrylonitrile (PAN) with different pore size distribution. The MnO<sub>2</sub> layer thickness needs to be adjusted to achieve maximum protection against sulfur/polysulfides leakage. It is also worth testing this nanocomposite with separators coated with polysulfide barrier materials, such as In<sub>2</sub>O<sub>3</sub> [33] and AlF<sub>3</sub> [56].



**Author Contributions:** H.D. (Conceptualization, Methodology, Writing original draft); M.A. (Data curation, Investigation, Writing, review & editing); D.A. (Writing, review & editing, Software, Data curation, Visualization); Z.Y. (Software, Methodology, Data curation); K.K. (Data curation, Visualization, Investigation); C.U.S. (Supervision, Writing—review & editing); B.K.M. (Conceptualization, Methodology, Supervision, Writing, review & editing). All authors have read and agree to the published version of the manuscript.

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**Conflicts of Interest:** The authors declare no conflicts of interest.

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